



Time to explore and plan

Dust off your winter woollies and get outdoors - the sun has arrived and it's time to enjoy it!

October brings wonderful opportunities to explore the beauty of the Australian landscape and travel may be something that you would like to do, but your worried about getting quality, personalised care for your pet.

[Mindahome house and pet sitters](#) are available around the country to help you enjoy some 'me time' on a holiday, with the peace of mind that your pet will be well looked after.

Take some time to discover and explore more of Australia and use one of our caring house and pet sitters.

Mindahome Team

Coming soon - a fresh new look for Mindahome!

We are in the process giving our Mindahome website a 'makeover,' below is an image from the home page ... stay tuned for further updates over the coming weeks!

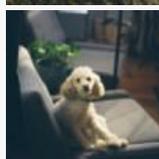


Interesting reads...



WELCOME TO PARADISE! Five fabulous Things to do in the NSW Northern Rivers

Planning on seeing more of New South Wales? Then head to the Northern Rivers for some wonderful natural, arty and scene surprises. [More...](#)



Springtime care for your pet

With winter now behind us, there are some things you may want to consider for your pet as the weather warms. [More...](#)





What's on around the country...

- **Be Kind to Animals Week**(National, 1-7 October)
- **Dogtober** (National, October)
- **World Animal Day**(International, 4 October)
- **Aussie Backyard Bird Count**(National, 17-23 October)



Caring for pets

Going for a daily walk is great exercise for your pet - and you - but is it really spending quality time with your favourite four legged friend? Stuck for fun games to play with your pet? Well, we've found a few that will get the whole family enjoying some pooch time.

Round Robin

Ideal for a family with children, your dog is sure to enjoy all the attention. Sit around the room with everyone having a handful of dog treats. Then, each person takes turns to call your dog's name. Whenever the dog goes to the person who calls their name, he should be rewarded with a treat and praise. Take the game outdoors and sit even farther away from each other to test your furry friend!

Frisbee Toss

Not as easy as catching a tennis ball, this game make take a little bit of practice. If your dog doesn't innately know to jump and catch the Frisbee in the air, start off small. Roll the Frisbee on the ground towards your dog. After getting over the strange object, he will instinctually want to grab it in his mouth. Once you've accomplished this, try tossing it — at a very low level first—to your dog. If you feel like your dog is ready to go to the next level, toss the disc a little higher and further, and so on and so forth.

Stay and Come

Another game that's great to enjoy with kids, this game is best suited for dogs who know how to "stay" and "come." All participants, both humans and dog, spread out in the backyard or park. One person is the game moderator. Instead of saying "red light" and "green light," the keywords will be "stay" and "come." The moderator will then call out the commands, which both humans and dog will have to follow. And give your dog a lot of praise and treats when they successfully do each command.

We hope you have found **Mindahome House and Pet Sitting's e-news**informative and interesting.

If there is something you would like us to cover in the e-news or if you have some general feedback, feel free to email us at admin@mindahome.com.au.

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