



Make the most of Autumn house and pet sitting

March is the first month of Autumn, so for the photo enthusiasts out there, get your cameras at the ready because for the next few months you will capture some of the best photos of pets in play. Watching pets bound through leaves of rustic reds, browns and coppers, Autumn is such a fun time to play outdoors with your furry friends.

Line up your house and pet sits for the next few months and take a trip away from the coast to snuggle up by a cosy fire on a rural house and pet sit as the weather starts to cool.

You will find many positions posted [online](#), just waiting for your application.

Start planning your coming house and pet sits and enjoy!

Mindahome Team

Interesting reads...



Cool cat sitting advice

To be the best companion for your feline friend, you have to understand their language and consider their needs and curiosities. [More...](#)



7 answers to the most frequently asked questions about house and pet sitting

How do I get started as a house and pet sitter? What can I expect from a house sit? If you're new to house and pet sitting then here are the answers to some of the most commonly asked questions. [More...](#)



How a mother and daughter duo saw Australia as house and pet sitters

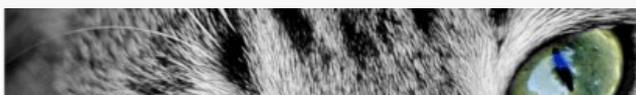
Learn from other sitters' experiences and attract more home owners to your profile. See how a mother and daughter travelled the country as house and pet sitters. [More...](#)

Tell us about your house sitting adventures!

Have you saved thousands of dollars by housing and pet sitting? Do you work with animals and house and pet sit? Have you travelled to some amazing places around Australia and stayed rent free by house and pet sitting?

We'd love to hear about your house and pet sitting adventures. So if you have an interesting story to tell, please get in touch via admin@mindahome.com.au.

An animal's



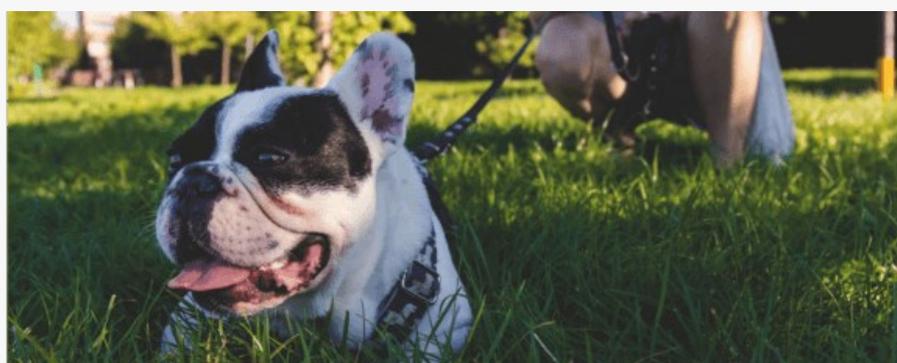
... animals' eyes have the power to speak a great language

- Martin Buber



What's on around the country...

- **Polite Pets Month** (National, March)
- **Sculpture by the Sea Cottesloe** (WA, 3-19 March)
- **WOMADelaide** (SA, 10-13 March)
- **Moomba Festival** (VIC, 10-13 March)
- **International Day of Happiness** (Global, 20 March)
- **Harmony Day** (National, 21 March)
- **World Science Festival Brisbane** (QLD, 22-26 March)



Caring for pets: Managing arthritis in pets

Arthritis can be debilitating for our pets, but with care and attention, arthritis can be managed. Arthritis is basically an inflammation of the joints and symptoms can vary between pets.

Some pets may experience stiffness in the joints, difficulty going up or down stairs or jumping, an unwillingness to exercise, or dragging of the back legs.

We uncovered some insightful tips from **Greencross Vets** about some of the best ways that we can help our pets manage arthritis.

- **Controlling their weight** - calorie restricted diets and gentle exercise, such as swimming or walking, to maintain optimal body weight is essential
- **Get into omega-3** - Omega 3 fatty acids help block the inflammation around joints that causes pain. They also suppress the activity of an enzyme that causes cartilage damage, thus slowing the progression of arthritis.
- **Consider Medications** - some medications are available to increase joint fluid or to be used as an anti-inflammatory for pets with arthritis. Consult your vet for their recommendations.

Always consult your local vet to discuss your pet's needs if you suspect they have or if they have been diagnosed with arthritis.

We hope you have found **Mindahome House and Pet Sitting's e-news** informative and interesting.

If there is something you would like us to cover in the e-news or if you have some general feedback, feel free to email us at admin@mindahome.com.au.

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